

# Take immediate action if you experience Domestic Violence

## Physical

- Does your partner push, grab, pinch, hit, choke, kick or physically hurt you?
- Does your partner force you to have intercourse or other sexual contact against your will?
- Do you fear being alone with your partner?

## Emotional

- Does your partner intimidate you, criticize, belittle, name call or demean you either in public or in private?
- Does your partner control or limit your social contact?

## Verbal

- Is your partner verbally attacking?
- Does your partner seriously and intentionally annoy you?
- Does your partner threaten to harm you or your family?

- ***If the answer is “yes” to any of these questions, there are legal remedies you should explore***